



**INTERNATIONAL  
DANCE  
FEDERATION  
TECHNICAL RULES  
DISCIPLINE:  
HIP HOP BATTLE**

**TIPOLOGIES:**

- **HIP HOP BATTLE 1 vs 1: Male or Female**
- **HIP HOP BATTLE 2 vs 2: (2) dancers doesn't matter Male or Female**
- **HIP HOP BATTLE 3 vs 3: (3) dancers doesn't matter Male or Female**



## HISTORY OF HIP HOP BATTLE

- Hip-Hop - direction of the youth dance subculture that originated in the early 1970s. Hip hop dance is a series of social dances originating in different times of formation of the hip-hop culture (from the early 1970s to the present), combines both philosophy Battle (dance battle), and the philosophy of "dance party" (party dances). The main thing that unites these social amenities dancing is a "groove". Each dancer finds his singing style, his manner, his priorities, but "groove" and hip-hop philosophy remain unchanged.  
Some basic elements of hip-hop: Smurf, The Prep, Reebok, The wop, Cabbage patch, Happy feet, The Fila, Criss-cross, Party machine, SpongeBob, Running man, Roger rabbit, Steve Martin, Burt Simpson, Pepper seed, BK bounce, Butterfly, Monastery, C-Walk, Bankhead bounce, Walk-it-out, Harlem shake, ATL Stomp, Tone Whop, Wrecking shop, Chicken noodle soap, Jerking, Get lite, Bucking, Jooking and many others ([http://vk.com/topic-36490966\\_26639123](http://vk.com/topic-36490966_26639123))
- Dancer shows his/her preparation through execution of the choreographed piece that should not be a sequence of micro-movements without coordination but a smooth sequence of both fluid, fast and coordinated steps supported with good technique, body motion expressiveness and a proper costume.



## COMMON RULES

- ✚ For all the situations not mentioned in these regulations, decisions will be made by the RESTRICTED TECHNICAL COMMITTEE and the IDF GENERAL SECRETARY.
- ✚ Dancer's age is considered with referral to the calendar year (1st January - 31st December). Dancer who participates in Ranking Competition that starts in October will be considered with referral to the following calendar year (which means one (1) year older) and age category are divided as follow:
  - ✓ **NEW GENERATION:** All dancers to the age of eleven (**11**) (defined by calendar year) (**only 1 vs 1**);
  - ✓ **RISING STARS:** All dancers from the age of twelve (**12**) to the age of fifteen (**15**) (defined by calendar year) (**only 1 vs 1**);
  - ✓ **STARS:** All dancers **OF ANY** age (**1 Vs 1 - 2 Vs 2 and 3 Vs 3**);
- ✚ **The DJ-Music is used exclusively.** Duration of music pieces **40-60 SECONDS TO EACH PERSON**;
- ✚ The contest takes place in **two rounds**.
  - ✓ **Round 1 - Qualifying (Selection):** dancers are selected to participate in the battles. Everyone makes one performance (30-40 seconds) solo.
  - ✓ **Round 2 - Battles:** by a random draw determined opponents and battles on the go out.
- ✚ **Precondition - correct behavior! Touch of opponents and abusive gestures are prohibited. For violation of this condition - immediate disqualification. The organizers reserve the right to host the qualifying rounds at its discretion.**
- ✚ Depending on number of participants, each category would have one or more SELECTIONS;
- ✚ **NO** Choreographic composition BUT ONLY IMPROVISATION pieces of dance should be used in **Hip-Hop style**;
- ✚ **Choreography pieces ( on 2 vs 2 and 3 vs 3) can be used in interactions.**
- ✚ **Competition Director, whenever necessary,** applies modifications to execution of the Competition;
- ✚ All dancers wearing vulgar and/or provocative costumes will be penalised. This rule applies to all categories with minor tolerance to the inferior ones.
- ✚ During Competition teachers, group leaders and team/club leaders **are strictly prohibited** to ask any explanations from the **Adjudicators**. All explanations, information or complaints may be discussed with the **Competition Director**, according to appropriate rules that concern execution of Competition.