



**INTERNATIONAL  
DANCE  
FEDERATION  
TECHNICAL RULES  
DISCIPLINE:  
BOOGIE WOOGIE**

**TIPOLOGIES:**

- **BOOGIE WOOGIE COUPLE:** Two (2) dancers: one (1) Male and one (1) Female
- **BOOGIE WOOGIE SMALL-GROUP:** Between three (3) and five (5) couples
- **BOOGIE WOOGIE FORMATION:** Between six (6) and eight (8) couples



## HISTORY OF BOOGIE WOOGIE

- Boogie-woogie is an African American style of piano-based blues that became popular after 1928, but originated much earlier in the century, and was extended from piano, to three pianos at once, guitar, big band, and country and western music, and even gospel. While the blues traditionally expresses a variety of emotions, boogie-woogie is mainly associated with dancing.[1] The lyrics of one of the earliest hits, "Pinetop's Boogie Woogie", consist entirely of instructions to dancers:

- ✓ Now, when I tell you to hold yourself, don't you move a peg.
- ✓ And when I tell you to get it, I want you to Boogie Woogie!

The earliest documented inquiries into the geographical origin of boogie-woogie occurred in the late 1930s when oral histories from the oldest living Americans of both African and European descent, revealed a broad consensus that boogie-woogie piano was first played in Texas in the early 1870s. Additional citations place the origins of boogie-woogie in the Piney Woods of northeast Texas. "The first Negroes who played what is called boogie-woogie, or house-rent music, and attracted attention in city slums where other Negroes held jam sessions, were from Texas. And all the Old-time Texans, black or white, are agreed that boogie piano players were first heard in the lumber and turpentine camps, where nobody was at home at all. The style dates from the early 1870s.

Boogie-woogie gained further public attention in 1938 and 1939, thanks to the From Spirituals to Swing concerts in Carnegie Hall promoted by record producer John Hammond.[1] The concerts featured Big Joe Turner and Pete Johnson performing Turner's tribute to Johnson, "Roll 'Em Pete", as well as Meade Lux Lewis performing "Honky Tonk Train Blues" and Albert Ammons playing "Swanee River Boogie". "Roll 'Em Pete" is now considered to be an early rock and roll song. These three pianists, with Turner, took up residence in the Café Society night club in New York City where they were popular with the sophisticated set. They often played in combinations of two and even three pianos, creating a richly textured piano performance.

After the Carnegie Hall concerts, it was only natural for swing bands to incorporate the boogie-woogie beat into some of their music. Tommy Dorsey's band had a hit with an updated version of "Pine Top's Boogie Woogie" in 1938, which was the swing era's second best seller, only second to Glenn Miller's "In the Mood". From 1939, the Will Bradley orchestra had a string of boogie hits such as the original versions of "Beat Me Daddy (Eight To The Bar)" and "Down The Road A-Piece", both 1940, and "Scrub Me Mamma With A Boogie Beat", in 1941. The Andrews Sisters sang some boogies, and after the floodgates were open, it was expected that every big band should have one or two boogie numbers in their repertoire, as the dancers were learning to jitterbug and do the Lindy Hop, which required the boogie-woogie beat.

- Dancers show their preparation through music interpretation, technique, and choreography.



## COMMON RULES

- For all the situations not mentioned in these regulations, decisions will be made by the RESTRICTED TECHNICAL COMMITTEE and the IDF GENERAL SECRETARY.
- Dancer's age is considered with referral to the calendar year (1st January - 31st December). Dancer who participates in Ranking Competition that starts in October will be considered with referral to the following calendar year (which means one (1) year older) and age category are divided as follow:
  - ✓ **MINI:** All dancers from the age of six (6) to the age of nine (9) ( Couples – Small Groups – Formations);
  - ✓ **YOUTH:** All dancers from the age of ten (10) to the age of thirteen (13) (Couples – Small Groups – Formations);
  - ✓ **JUNIOR:** All dancers from the age of fourteen (14) to the age of sixteen (16) (Couples – Small Groups – Formations);
  - ✓ **ADULT:** All dancers from the age of seventeen (17) ( Couples – Small Groups – Formations);
- Having reached the age limit for each category, dancers pass to the older category automatically.
- Beats per minute of music pieces must be as follows:
  - ✓ **MINI:** 44 – 46 BPM
  - ✓ **YOUTH:** 44 – 48 BPM
  - ✓ **JUNIOR:** 46 - 50 BPM
  - ✓ **ADULT (Couple):** 50 - 52 BPM (Fast;) 28 – 32 BPM (Slow)
  - ✓ **ADULT (Small Group – Formation)** 50 – 52 BPM
- Music piece may represent the music of **Boogie Woogie** and music pieces using during competition need to accepted by the IDF Restricted Technical Committee. They must be in accordance with the following requirements:
  - ✓ Duration and pace limits respected for each category;
  - ✓ Visibly exposing dancer's: Start Number, Nationality, Name of a Club/School, Title of the Presentation, Duration, Name and Surname, Discipline as well as Age and Dance Category;
- Who fail to comply following rules:
  - ✓ **Dancer without start number;**Will be penalized of 5 (five) points.
- Who fail to comply following rules:
  - ✓ **Music over/under time limit;**
  - ✓ **Music over/under Beats per minute (BMP);**
  - ✓ **Dancer who executes acrobatic elements and lifts no typical for the discipline;**
  - ✓ **Invade the space of other dancers;**Will be penalized of 10 (Ten) points.
- Who fail to comply following rules:
  - ✓ **Dancers who use scenography or set (Stage Decoration);**
  - ✓ **Use of accessories and props;**
  - ✓ **Dancers who don't enter on the stage after third call;**Will be entered on last place.
- ✓ Dancers may use accessories and props that are part of their costumes (hats, glasses etc.). However, during the performance dancers must not take them off, put away nor swap with their partner. In the case when the rule is not respected, it will be considered as "Use of Accessories and Props" and immediately allocated in last position . Last position should not be applied if a prop falls down on a dance-floor accidentally. It is allowed, although for short periods of time only, to execute figures, movements and technical elements typical for other styles as Lindy Hop, Balboa, Swing, Jive, West Coast etc, as well as acrobatic elements and lifts typical for the discipline.
- **The judgment expressed by the Judges is the summatory of multiple parameters, differentiated according to the typology. The differentiation according to the typology is as follows:**

**DUO/COUPLES:**

- ✓ **Interpretation + Synchronism** is expressed by: dancers' ability to follow the rhythm and musical melody and express them through their body motion; ability to apply adequate movements and technical elements in accordance with music as well as dancers' ability to smoothly continue their dance after 'stop', 'pause' or other figures, associated together similarity and body movements of both dancers (legs shoulder and upper body);
- ✓ **Technique** is expressed by: execution of movements in accordance with music pace, execution of technical elements, movements and figures (position, elegance, timing, balance and body control) as well as use of the whole personal and general space (in finals the whole dance-floor) with its horizontals, verticals and diagonals;
- ✓ **Choreography + Presentation** is expressed by: distribution of figures and movements in accordance with dance context, costumes and originality of music, dancer's costume and accessories, elegance, accordance with musical piece, dancer's facial expression and focus, arms' movements; entry and exit, bow and general impression;

**SMALL GROUPS/FORMATIONS/PRODUCTION:**

- ✓ **Interpretation + Synchronism** is expressed by: dancers' ability to follow the rhythm and musical melody and express them through their body motion; ability to apply adequate movements and technical elements in accordance with music as well as dancers' ability to smoothly continue their dance after 'stop', 'pause' or other figures, associated together similarity of figures and body movements of all dancers (legs, shoulders and upper body) and timing and precision when executing patterns;
  - ✓ **Technique** is expressed by: execution of movements in accordance with music pace, execution of technical elements, movements and figures (position, elegance, timing, balance and body control) as well as use of the whole personal and general space (in finals the whole dance-floor) with its horizontals, verticals and diagonals;
  - ✓ **Artistic Impression and Choreography** is expressed by: dancers' initial and final presentation (dancers' entry and exit from the dance-floor); distribution of figures and movements in accordance with dance context; use of space with its horizontals, verticals and diagonals; originality of music piece and costumes and their accordance with musical and choreographic context as well as variation of patterns.
- ✘ All dancers wearing vulgar and/or provocative costumes will be penalised. This rule applies to all categories with minor tolerance to the inferior ones.
  - ✘ During Competition teachers, group leaders and team/club leaders **are strictly prohibited** to ask any explanations from the **Adjudicators**. All explanations, information or complaints may be discussed with the **Competition Director**, according to appropriate rules that concern execution of Competition.



## DISCO FREESTYLE SOLO

(Male – Female)

➤ Having reached the age limit for each category, dancers pass the older category automatically.

➤ Duration of music pieces must be as follow:

### Preliminaries and Semi-finals (Federation Music)

✓ **MINI – YOUTH – JUNIOR – ADULT:** Track duration 1':00"

### Final (Own Music)

✓ **MINI – YOUTH – JUNIOR – ADULT:** Track duration from 1':00" to 1':15"

### EXECUTION OF COMPETITION

➤ Depending on number of participants, each category would start from preliminaries, semi-finals or finals respectively;

➤ There can be no more than three (3) dancers performing on a dance-floor in preliminaries and no more than two (2) in semi-finals;

➤ In the case when a dancer lacks his/her own music in a final, Federation Music will be used;

➤ **Competition Director**, whenever necessary, may apply modifications to the execution of the competition.

### CHARACTERISTIC AND MOVEMENTS

➤ Dancers show their preparation through technique of execution of acrobatic elements, dance figures, choreography, presentation and gymnastic skills.

➤ In Final, in order to present dance technique and choreography, a dancer is expected to use the whole available space.

### EVALUATION

- |   |   |
|---|---|
| ✓ <b>ACROBATIC ELEMENTS + TECHNIQUE</b> | <b>from three (3) to Thirty (30) points</b> |
| ✓ <b>DANCE FIGURES</b>                  | <b>from two (2) to Twenty (20) points</b>   |
| ✓ <b>CHOREOGRAPHY + PRESENTATION</b>    | <b>from one (1) to Ten (10) points</b>      |

### PENALTIES

- |                          |                        |
|--------------------------|------------------------|
| ✓ <b>FALL</b>            | <b>Five (5) points</b> |
| ✓ <b>TIMING MISTAKES</b> | <b>Ten (10) points</b> |

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## DISCO FREESTYLE COUPLE

(Male and Female)

- Disco Freestyle Couple is composed of two (2) dancers where one (1) is male and the other one is female.
- In the case of a couple from mixed age categories (eg. one (1) Youth and one (1) Junior), the couple must participate in the older category;
- They may participate in several dance categories (eg. couples/duos etc.).
- Duration of music pieces must be as follow:

**Preliminaries and Semi-finals (Federation Music)**

- ✓ **MINI – YOUTH – JUNIOR – ADULT:** Track duration 1':15"

**Final (Own Music)**

- ✓ **MINI – YOUTH – JUNIOR – ADULT:** Track duration from 1':15" to 1':30"

**EXECUTION OF COMPETITION**

- Depending on number of participants, each category would start from preliminaries, semi-finals or finals respectively;
- There can be no more than Two (2) Couples performing on a dance-floor in preliminaries and no more than Two (2) in semi-finals;
- In the case when a couple lacks his/her own music in a final, Federation Music will be used;
- **Competition Director**, whenever necessary, may apply modifications to the execution of the competition.

**CHARACTERISTIC AND MOVEMENTS**

- Couples show their preparation through technique of execution of acrobatic elements, dance figures and synchronism, choreography, presentation and gymnastic skills.
- In Final, in order to present dance technique and choreography, a Couple is expected to use the whole available space.
- Support and lifts are not considered acrobatic and gymnastic elements and can be performed. **In Mini category dancers are not allowed to execute lifts and supports where the centre of body mass of one of the partners is above the partner's head. Any irregularity in this respect will result in the Couple being on last place.**

**EVALUATION**

- |   |   |
|---|---|
| ✓ <b>ACROBATIC ELEMENTS + TECHNIQUE</b> | <b>from three (3) to Thirty (30) points</b> |
| ✓ <b>DANCE FIGURES + SYNCHRONISM</b>    | <b>from two (2) to Twenty (20) points</b>   |
| ✓ <b>CHOREOGRAPHY + PRESENTATION</b>    | <b>from one (1) to Ten (10) points</b>      |

**PENALTIES**

- |                          |                        |
|--------------------------|------------------------|
| ✓ <b>FALL</b>            | <b>Five (5) points</b> |
| ✓ <b>TIMING MISTAKES</b> | <b>Ten (10) points</b> |

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**DISCO FREESTYLE DUO**  
(Both Males or Both Females)

- Disco Freestyle Duo is composed of two (2) dancers where both of them are males or both are females.
- In the case of a duo from mixed age categories (eg. one (1) Youth and one (1) Junior), the couple must participate in the older category;
- They may participate in several dance categories (eg. couples/duos etc.).
- Duration of music pieces must be as follow:

**Preliminaries and Semi-finals (Federation Music)**

- ✓ **MINI – YOUTH – JUNIOR – ADULT:** Track duration **1':15"**

**Final (Own Music)**

- ✓ **MINI – YOUTH – JUNIOR – ADULT:** Track duration from **1':15"** to **1':30"**

**EXECUTION OF COMPETITION**

- Depending on number of participants, each category would start from preliminaries, semi-finals or finals respectively;
- There can be no more than Two (2) Duos performing on a dance-floor in preliminaries and no more than Two (2) in semi-finals;
- In the case when a couple lacks his/her own music in a final, Federation Music will be used;
- **Competition Director**, whenever necessary, may apply modifications to the execution of the competition.

**CHARACTERISTIC AND MOVEMENTS**

- Duos show their preparation through technique of execution of acrobatic elements, dance figures and synchronism, choreography, presentation and gymnastic skills.
- In Final, in order to present dance technique and choreography, a Duo is expected to use the whole available space.
- Support and lifts are not considered acrobatic and gymnastic elements and can be performed. **In Mini category dancers are not allowed to execute lifts and supports where the centre of body mass of one of the partners is above the partner's head. Any irregularity in this respect will result in the Duo being on last place.**

**EVALUATION**

- |   |   |
|---|---|
| ✓ <b>ACROBATIC ELEMENTS + TECHNIQUE</b> | <b>from three (3) to Thirty (30) points</b> |
| ✓ <b>DANCE FIGURES + SYNCHRONISM</b>    | <b>from two (2) to Twenty (20) points</b>   |
| ✓ <b>CHOREOGRAPHY + PRESENTATION</b>    | <b>from one (1) to Ten (10) points</b>      |

**PENALTIES**

- |                          |                        |
|--------------------------|------------------------|
| ✓ <b>FALL</b>            | <b>Five (5) points</b> |
| ✓ <b>TIMING MISTAKES</b> | <b>Ten (10) points</b> |

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**DISCO FREESTYLE SMALL GROUPS**  
(Between three (3) and Seven (7) dancers)

- Small-group is composed of minimum number of **three (3)** and maximum number of **seven (7)** dancers.
- Small-groups registered in Youth – Junior – Adult categories may include dancers from younger age groups;
- In the age category Mini there can be one (1) dancer who is ten (10) years old;
- All clubs are allowed to nominate more than 1 (one) choreographed piece;
- One or more dancers may be nominated and perform both in small-groups and formations;
- **Two (2) dancers are allowed to be nominated and perform in two (2) or more small-groups;**
- **Four (4) dancers are allowed to be nominated and perform in two (2) or more formations.**
- **Eight (8) dancers are allowed to be nominated and perform in two (2) or more production.**
- Duration of music pieces must be as follow:

**Preliminaries, Semi-finals and Final (Own Music)**

- ✓ **MINI – YOUTH – JUNIOR – ADULT:** Track duration from **2':00"** to **2':30"**

**EXECUTION OF COMPETITION**

- Depending on number of participants, each category would start from preliminaries, semi-finals or finals respectively;
- Preliminaries, semi-finals and finals are held with only one (1) Small Group performing on a dance-floor at time;
- In the case when a Small Group lacks its own music in a final, Federation Music will be used;
- **Competition Director**, whenever necessary, may apply modifications to the execution of the competition.

**CHARACTERISTIC AND MOVEMENTS**

- Small Groups show their preparation through technique of execution of acrobatic elements, dance figures and synchronism, choreography, presentation and gymnastic skills.
- In Final, in order to present dance technique and choreography, a Small Group is expected to use the whole available space.
- Support and lifts are not considered acrobatic and gymnastic elements and can be performed. **In Mini category dancers are not allowed to execute lifts and supports where the centre of body mass of one of the partners is above the partner's head. Any irregularity in this respect will result in the Small Group being on last place.**

**EVALUATION**

- ✓ **ACROBATIC ELEMENTS + TECHNIQUE** from three (3) to Thirty (30) points
- ✓ **DANCE FIGURES + SYNCHRONISM** from two (2) to Twenty (20) points
- ✓ **CHOREOGRAPHY + PRESENTATION** from one (1) to Ten (10) points

**PENALTIES**

- ✓ **FALL** Five (5) points
- ✓ **TIMING MISTAKES** Ten (10) points

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**DISCO FREESTYLE FORMATION**

*(Between Eight (8) and Twenty four (24) dancers)*



- Formation is composed of minimum number of **eight (8)** and maximum number of **twenty four (24)** dancers.
- Formation registered in Youth – Junior – Adult categories may include dancers from younger age groups;
- In the age category Mini there can be one (1) dancer who is ten (10) years old;
- All clubs are allowed to nominate more than 1 (one) choreographed piece;
- One or more dancers may be nominated and perform both in small-groups and formations;
- **Two (2) dancers are allowed to be nominated and perform in two (2) or more small-groups;**
- **Four (4) dancers are allowed to be nominated and perform in two (2) or more formations.**
- **Eight (8) dancers are allowed to be nominated and perform in two (2) or more production.**
- Duration of music pieces must be as follow:

**Preliminaries, Semi-finals and Final (Own Music)**

- ✓ **MINI – YOUTH – JUNIOR – ADULT:** Track duration from **2':30"** to **4':00"**

**EXECUTION OF COMPETITION**

- Depending on number of participants, each category would start from preliminaries, semi-finals or finals respectively;
- Preliminaries, semi-finals and finals are held with only one (1) Formation performing on a dance-floor at time;
- In the case when a Formation lacks its own music in a final, Federation Music will be used;
- **Competition Director**, whenever necessary, may apply modifications to the execution of the competition.

**CHARACTERISTIC AND MOVEMENTS**

- Formations show their preparation through technique of execution of acrobatic elements, dance figures and synchronism, choreography, presentation and gymnastic skills.
- In Final, in order to present dance technique and choreography, a Formation is expected to use the whole available space.
- Support and lifts are not considered acrobatic and gymnastic elements and can be performed. **In Mini category dancers are not allowed to execute lifts and supports where the centre of body mass of one of the partners is above the partner's head. Any irregularity in this respect will result in the Formation being on last place.**

**EVALUATION**

- ✓ **ACROBATIC ELEMENTS + TECHNIQUE** from three (3) to Thirty (30) points
- ✓ **DANCE FIGURES + SYNCHRONISM** from two (2) to Twenty (20) points
- ✓ **CHOREOGRAPHY + PRESENTATION** from one (1) to Ten (10) points

**PENALTIES**

- ✓ **FALL** Five (5) points
- ✓ **TIMING MISTAKES** Ten (10) points

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## DISCO FREESTYLE PRODUCTION

(More than Twenty four (24) dancers)

- ↘ Production is composed of more than **twenty four (24)** dancers.
- ↘ Production registered in Youth – Junior – Adult categories may include dancers from younger age groups;
- ↘ In the age category Mini there can be one (1) dancer who is ten (10) years old;
- ↘ All clubs are allowed to nominate more than 1 (one) choreographed piece;
- ↘ One or more dancers may be nominated and perform both in small-groups and formations;
- ↘ **Two (2) dancers are allowed to be nominated and perform in two (2) or more small-groups;**
- ↘ **Four (4) dancers are allowed to be nominated and perform in two (2) or more formations.**
- ↘ **Eight (8) dancers are allowed to be nominated and perform in two (2) or more production.**
- ↘ Duration of music pieces must be as follow:

### Preliminaries, Semi-finals and Final (Own Music)

- ✓ **MINI – YOUTH – JUNIOR – ADULT:** Track duration from **3':00"** to **5':00"**

### EXECUTION OF COMPETITION

- ↘ Depending on number of participants, each category would start from preliminaries, semi-finals or finals respectively;
- ↘ Preliminaries, semi-finals and finals are held with only one (1) Production performing on a dance-floor at time;
- ↘ In the case when a Production lacks its own music in a final, Federation Music will be used;
- ↘ **Competition Director**, whenever necessary, may apply modifications to the execution of the competition.

### CHARACTERISTIC AND MOVEMENTS

- ↘ Productions show their preparation through technique of execution of acrobatic elements, dance figures and synchronism, choreography, presentation and gymnastic skills.
- ↘ In Final, in order to present dance technique and choreography, a Production is expected to use the whole available space.
- ↘ Support and lifts are not considered acrobatic and gymnastic elements and can be performed. **In Mini category dancers are not allowed to execute lifts and supports where the centre of body mass of one of the partners is above the partner's head. Any irregularity in this respect will result in the Production being on last place.**

### EVALUATION

- |   |   |
|---|---|
| ✓ <b>ACROBATIC ELEMENTS + TECHNIQUE</b> | <b>from three (3) to Thirty (30) points</b> |
| ✓ <b>DANCE FIGURES + SYNCHRONISM</b>    | <b>from two (2) to Twenty (20) points</b>   |
| ✓ <b>CHOREOGRAPHY + PRESENTATION</b>    | <b>from one (1) to Ten (10) points</b>      |

### PENALTIES

- |                          |                        |
|--------------------------|------------------------|
| ✓ <b>FALL</b>            | <b>Five (5) points</b> |
| ✓ <b>TIMING MISTAKES</b> | <b>Ten (10) points</b> |

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